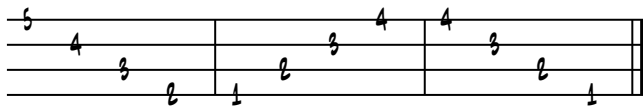
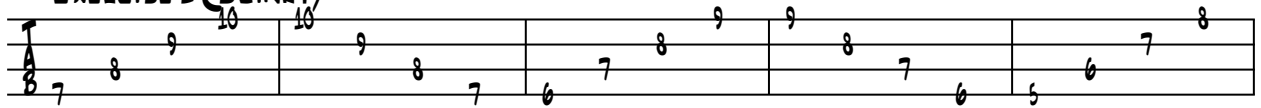


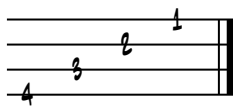
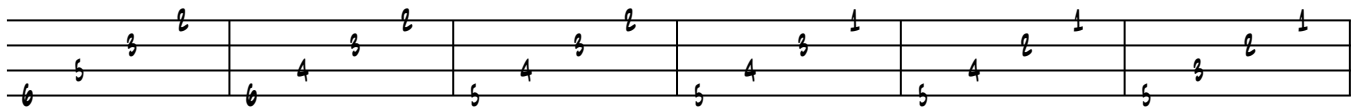
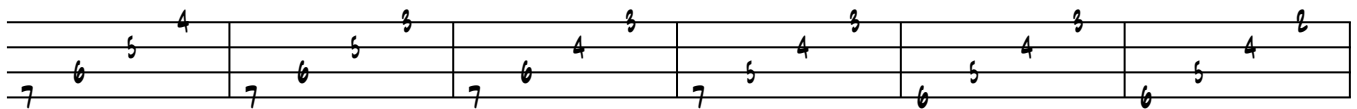
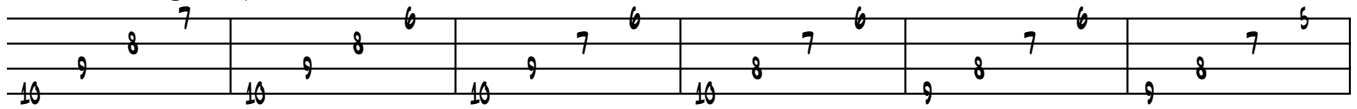
UKULELE WARM UP EXERCISES

ARRANGED BY: DR. TREY

EXERCISE 1 (SLINKY)



EXERCISE 2 (WORM)



WARM UP EXERCISES

EXERCISE 3 (SPIDER)

1 4 3 2	2 5 4 3	3 6 5 4	4 7 6 5	5 8 7 6	6 9 8 7
3 2 1 4	4 3 2 5	5 4 3 6	6 5 4 7	7 6 5 8	8 7 6 9

7 10 9 8
9 8 7 10

EXERCISE 4 (STEP LADDER)

	1 2 3 4	1 2 3 4	1 2 3 4		2 3 4 5
1 2 3 4					

2 3 4 5	2 3 4 5		3 4 5 6	3 4 5 6	3 4 5 6
		3 4 5 6			

FOLLOW THIS PATTERN ALL THE WAY UP THE NECK

EXERCISE 5 (THE WALKER)

3 3 4 4	5 5 6 6	7 7 8 8	9 9 10 10
1 2 2 3	3 4 4 5	5 6 6 7	7 8 8 9
3 3 4 4	5 5 6 6	7 7 8 8	9 9 10 10
1 2 2 3	3 4 4 5	5 6 6 7	7 8 8 9